Snack Menu

\*ALLERGENS\* Week 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Toast with spread/jamCereals containing glutenmilk | Subrolls and cheeseCereals containing gluten, milk | Toasted muffinsCereals containing gluten, soya, milk | Pancakes with spread/JamCereals containing gluten, eggs, milk | Scones with spread/JamCereals containing gluten, milk, eggs |
| Oranges, sliced apple with natural yoghurtmilk, traces of nuts | Strawberries, cheese cubes, breadsticksMilk, cereals containing gluten | Apple, melon, ham bitesCereals containing gluten, milk | Carrot sticks, sweetcorn and breadsticksCereals containing gluten, may contain nuts | Rice cake, selection of fruitsFree from rice cakes |

Week 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Toasted Bagels with spreadCereals containing gluten, soya, milk | Toast with Philadelphia Cereals containing glutenmilk |  Scones with spreadCereals containing gluten, milk, eggs | Toasted bagels with spreadCereals containing gluten, soya, milk | Pancakes with spread/jamCereals containing gluten, eggs, milk |
| Cream crackers with spread, fruitCereals containing gluten, milk | Rice cakes, sliced apple and bananaFree from rice cakes | Yoghurt dip sliced pear breadsticksmilk, traces of nuts, cereals containing gluten | Strawberries banana crispbreadMilk, cereals containing gluten | Vegetable sticks with natural yoghurtNuts, milk |

Week 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Toasted muffins with spread/jamCereals containing gluten, soya, milk | Pancakes with spread/jamCereals containing gluten milk  | Toast & bananaCereals containing gluten, milk | Scones with spreadCereals containing gluten, milk, eggs | Toasted Bagels with spreadCereals containing gluten, soya, milk  |
| Selection of fruit | Vegetable sticks with yoghurt dipNuts, milk | Rice cakes strawberries pineappleFree from rice cakes | Breadsticks cheese cubes Cereals containing gluten, nuts, milk,  | Banana, orange, ham bitesCereals containing gluten, milk |

Week 4

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Subrolls with cheeseCereals containing gluten, milk | Scones with spread/jamCereals containing gluten, milk, eggs | Pancakes with spread/jamCereals containing gluten, milk | Toasted muffins with spreadCereals containing gluten, soya, milk | Pitta bread with Philadelphia Milk, cereals containing gluten |
| Vegetable sticks yoghurt dipNuts, milk | Cream crackers with spread and applesCereals containing gluten, milk | Cheese cubes sweetcorn and rice cakesMilk, free from rice cakes | Pineapple, melon breadsticksCereals containing gluten, nuts | Selection of fruitCrispbread with spreadMilk, cereals containing gluten |